

J. THEODORE

RESTAURANT & BAR

THE START

CINNAMON ROLL | 9

handmade cinnamon rolls | whipped butter |

THE J. THEODORE BOARD | 30

chefs choice of cheese and charcuterie | nuts | olives | honey | seasonal jam | stone ground mustard | baguette | naan

JAR OF LOBSTER | 33

chopped main lobster | melted garlic butter | grilled bread | lemon

HEIRLOOM TOMATO BURRATA | 16

fresh burrata | heirloom tomatoes | balsamic reduction | basil | pesto | EVOO | onion | grilled sourdough bread (GF* without bread)

SALMON & BAGEL BOARD | 18

honey smoked salmon | toasted everything bagel | cream cheese | chopped egg | capers | onion | tomatoes

TOASTED BAGEL & CREAM CHEESE | 8

toasted bagel & cream cheese | whipped cream cheese and your choice of plain or everything bagel

AVOCADO TOAST | 17

fresh avocado | sourdough bread | elote | red onion | tomato | feta | red pepper (VEG)... add egg for \$1....add smoked salmon for +\$7

SOCIAL DIPS | 18

raw vegetables | garlic hummus | roasted pepper spread | tzatziki | naan bread

TRUFFLE PARM FRIES | 12

your choice of regular or sweet potato fries | truffle oil | parmesan cheese

HANDHELDS

Served with breakfast potatoes, or fresh fruit

CHICKEN & BISCUITS | 25

farm fresh eggs any style | fried chicken | handmade biscuits | jalapeno gravy

CHICKEN BISCUIT SANDWICH | 23

farm fresh egg | fried chicken | bacon | cheddar cheese | spiced gravy | biscuit

J. THEODORE BLT | 18

applewood smoked bacon | romaine | tomato | goat cheese | garlic aioli | toasted rustic honey wheat bread

BACON CHEDDAR EVERYTHING BAGEL SANDWICH | 23

farm fresh egg | sugar bacon | avocado | cheddar cheese | everything bagel (Make it Lilly's way, add Chorizo +\$2)

BREAKFAST TACOS | 19

farm fresh eggs | chorizo | avocado | cheddar cheese | roasted red pepper sauce | flour tortilla

CALIFORNIA BREAKFAST BURRITO OR BOWL | 19

farm fresh eggs | bacon | avocado | cheddar cheese | roasted red pepper sauce

CHORIZO BURRITO | 20

farm fresh eggs | chorizo | avocado | cheddar cheese | roasted red pepper sauce

SWEET CHILI FRIED CHICKEN SANDWICH | 23

southern fried chicken | crisp coleslaw | lettuce | tomato | white cheddar | sweet chili sauce

BRUNCH BURGER | 25

1/2 Lb. *wagyu | Egg over easy | bacon | avocado | american cheese | fries

WAGYU BURGER - FRENCH, AMERICAN | 23

1/2 Lb. *wagyu beef | served with fries

FRENCH: gruyere | mushrooms | grilled onions | garlic aioli

AMERICAN: cheddar | lettuce | tomato | onion | pickles on the side

EGGS BENEDICT

Served with breakfast potatoes, or fresh fruit

JT BENEDICT | 19

pan grilled bayonne ham | poached egg | hollandaise sauce | croissant

FLOWER CHILD BENEDICT | 19

sauteed spinach | roasted mushroom | toasted english muffin | poached eggs | hollandaise sauce

AVOCADO BENEDICT | 17

toasted english muffins | avocado smash | free range eggs | hollandaise

FRIED CHICKEN BENEDICT | 23

handmade biscuit | fried chicken | poached eggs | spicy gravy

SMOKED SALMON BENEDICT | 25

smoked salmon | poached eggs | spinach | mushroom | hollandaise sauce | grilled baguette

SOUTHERN SHRIMP BENEDICT | 25

jumbo shrimp | poached egg | southwest hollandaise sauce | biscuit

LOBSTER BENEDICT | 35

jumbo lump lobster | poached eggs | asparagus | hollandaise sauce | grilled sourdough bread

THE MAINS

Served with breakfast potatoes, or fresh fruit

3 EGG BREAKFAST | 19

bacon or sausage | single pancake | breakfast potatoes | wheat toast

CARAMEL FRENCH TOAST | 20

brioche bread | house-made caramel sauce | served with your choice of bacon or sausage

BLUEBERRY CREPES | 19

3 handmade crepes | cream cheese | fresh blueberries

GAMMY'S BUTTERMILK PANCAKES | 18

choice of bacon or sausage (add chocolate chips or blueberries + \$2)

CHICKEN & WAFFLES | 25

belgian waffle | crispy chicken | topped with berries

VEGETARIAN OMELET | 20

asparagus | wild mushrooms | tomato | bell peppers | farm fresh eggs | goat cheese

COUNTRY HAM OMELET | 23

bayonne ham | farm fresh eggs | bell peppers | onion | cheddar cheese | béchamelsauce

MIGAS OMELET | 23

chorizo | farm fresh eggs | jalapeno | cheddar cheese | house made salsa

SHRIMP OMELET | 28

spiced shrimp | bacon | avocado | spicy aioli

LOBSTER OMELET | 35

jumbo lump lobster | mushrooms | onions | bell pepper

STEAK OMELET | 30

steak | onions | tomato | bell pepper

THE SIGNATURES

CAST IRON MUSSELS | 29

steamed p.e.i. mussels | garlic | parsley | butter

CAST IRON SHRIMP | 29

steamed shrimp | garlic | parsley | butter

GRILLED CHICKEN PENNE PESTO PASTA | 29

grilled chicken breast* | penne | tomato | basil pesto | parmesan

SEAFOOD PASTA | 45

p.e.i. mussels | jumbo shrimp | lobster | spaghetti | EVOO | minced garlic parsley | light red sauce

FRESH FRUIT | 8 CRISP BACON | 8 SPICY MEXICAN SALSA | 1 BREAKFAST OR TURKEY SAUSAGE | 8 BREAKFAST POTATOES | 7 FRENCH FRIES | 10

Please let us know if you have any allergies. Some of our menu items contain nuts, dairy or gluten

*These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

20% Gratuity will be added to groups of 8 or larger
Split Charge \$5

03-12-2026

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Mimosa Board - 30

Bottle of Bubbly | Choice of (2) Fresh Juices: Orange, Grapefruit, Cranberry, Strawberry Peach, side of berries & mint

Frosé - 18

Vodka | Strawberry | Rosé | Simple

Signature Cocktails

White/Red Sangria

A blend of house wines and fresh fruit over ice

Glass 17 / Carafe 44

Strawberry Bellini - 16

Sparkling Rosé | Vanilla Vodka | Muddled Strawberries

Pomegranate Mimosa Mule - 16

Vodka | Pomegranate | Lime | Honey | Ginger Beer | Rosemary

Orange Blush - 16

Vodka | Orange | St. Germain Elderflower | Grenadine | Soda

Rare Books Espresso Martini - 19

Titos | espresso | Kahlua | simple syrup | cream

Blackberry Bourbon Smash- 19

Bourbon | Lemon | Blackberry | Simple Syrup | Mint

Grapefruit Sunrise - 17

Gin | Grapefruit | St. Germain Elderflower | Simple

Mojito - 17

Rum | Lime | Mint | Soda | Simple

(Customize w/Strawberry, Raspberry, or Blackberry + \$1)

Pineapple Hibiscus - 17

Coconut Rum | Pineapple | Orange | Mint

Jungle Bird - 17

bitter aperitif | dark rum | Pineapple | Lime | Simple

Brunch Old Fashioned - 17

Bourbon | Maple Syrup | Bitters | Bacon garnish

Strawberry Margarita - 17

Tequila | Lime juice | Italicus | Lillet Blanc | Strawberry basil syrup |

Classic Mimosa - 8

Well Cocktails - 12

Bloody Mary | Screwdriver | Tequila Sunrise

{THE BARISTA}

Fresh Brewed Coffee - 3.50

Espresso

Single 4 | Doppio (double shot) 5

Cappuccino, Caffe Latte, Macchiato - 5

Caffe Americano - 4

Hot Tea - 3.50

Iced Tea or Soda - 3.50

Pespi | Diet Pespi | Lemonade | Sierra Mist | Dr. Pepper |

Diet Dr. Pepper

Juice - 4

Strawberry Peach | Orange | Pineapple | Cranberry | Grapefruit

MOCKTAILS

Cucumber Ginger Refresher - 8

Cucumber Ginger | Simple Syrup | Honey | lime | Topo Chico

Strawberry Basil Sour - 8

CStrawberry basil syrup | Lemon juice | Water | Egg White

Brazilian Lemonade - 8

Lime | Water | Sugar | Condensed milk

Well Mocktail - 8

Mojito or Bloody Mary